## **ABSTRACT OF THE DISCLOSURE**

A dieting device that prevents or inhibits oral ingestion of food. The device includes at least one pair of frames that are secured to the maxillary and mandibular dentitions, respectively, of a wearer. One of the frames has mounted to one side thereof one or more permanent split pole magnets that magnetically attract either a corresponding set of magnets or a ferromagnetic mass mounted to one side of the corresponding frame secured to an alternate dentition to ensure that the jaws are constrained to assume a permanently or semi-permanently occluded condition. The magnetic attraction between upper and lower dentitions to which the frames are applied may be overcome with difficulty by the wearer and thus the jaws can be opened in an emergency. However, the frames make mastication, and thus oral ingestion of food, very difficult.